

**Topic:** Conducting the first Health History with a Clinical Client

**Concepts:** Administration and documentation of the first health history. Developing clinical readiness and therapeutic communication techniques. Practicing clinical documentation.

**Case finding:** Each student is responsible for procuring an interviewee for this health history assignment. *Alternative: School may contract with willing volunteers from the community and assign clients to students.* Faculty may introduce age, gender or other requirements, such as prior relationship to student. It is recommended that interviewees provide consent by signing a legal release provided by the school, and shared by the student, prior to participating in this activity.

**(Optional) Case example: Pearl Homan**



**(Optional) In-lab preparation and practice:** Pearl is a 79-year-old female admitted to LTC facility for rehab services following pin placement for a patellar fracture one week ago. Before she was injured she was fairly active although she did have mild mobility problems. A partner, instructor or standardized patient can play the role of Pearl and allow students to practice obtaining consent, administering a health history and documenting the history results in Pearl's EHR.

**Pre-clinical homework:** Have students come to the clinical experience having arranged their own meeting time and place with their client. If the student is responsible for receiving consent, the consent form should be explained and signed prior to the interview. Student should be familiar with the EHR and the note template assigned.

**Clinical Documentation Options:** Have the student use his or her own Portfolio EHR. Every student will have the Portfolio EHR activity available in their EHR Go account automatically. They should start a new session in Step 2: EHR and choose a new note on the Notes Tab, selecting the assigned note template from the dropdown note index. For this activity, choose from the following note template types:

1. **Functional Health Patterns Assessment**
2. **Health History (Nursing)**
3. **Functional Assessment**

**Evaluation method(s):** The student should download their EHR from Step 3: Download and submit the PDF report as evidence of their work. Optional: In addition to the health history, have the student complete a journal entry about their experience, using one of the two journal note templates in the EHR.

1. **Clinical Journal**
2. **Clinical Journal Insight Reflection**